



# NEWSLETTER

Swan Hill Christian School



## ENROLMENTS OPEN

Invite your friends and family to book a tour today. Enrolments for all year groups are now open and we look forward to new families joining our vibrant school community. [Enquire here](#) or contact our office for more information.



## WHATS NEW

School Assemblies for 2024 begin  
Wednesday 14 February at 2:30pm

Dedication Service Wed 21 Feb, 5:30pm  
for a BBQ, with the Service at 6:30pm



[www.shcs.vic.edu.au](http://www.shcs.vic.edu.au)

# FROM OUR PRINCIPAL

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It is a delight to welcome our students to the 2024 school year. The joy and privilege we have in educating them has come to life once again!

I have begun the year reflecting on a picture I have at home that says, 'All the world's children have the right to be loved, to be nurtured, and to reach for a dream'. God has called us at SHCS to show and teach about God's love, to nurture our students as they grow academically, emotionally, socially and spiritually, and to give them every opportunity to reach for their God-given dreams. We take our role seriously, so thank you for the privilege of educating your child.

## CHILD SAFETY

At SHCS we are committed to keeping all the children at our school safe both in the physical and online environments. Please ensure you have returned the [Student Internet Agreement Form](#) so your child knows the requirements for safe internet usage at school.

At any time, if you have child safety concerns, you can speak to our Child Protection Officers - Jono Dickinson or Kristy Wilson.

For more information, including our school policy, please go to our website: [SHCS - Child Safety](#).





Our school communication app has all the school calendar details; you can add absent notes for your child, see their school reports, and communicate with your child's teacher or the office.

The URL was updated over the holidays, so if you are having trouble logging in, please let us know, and if you don't have your username and password, we can email one to you.



## SCHOOL PHOTOS

We have scheduled our school photos for **THURSDAY 29 FEBRUARY**, beginning at the start of the school day. Attached to our newsletter is the order form. You can direct deposit your payment to Jane, our photographer, or send cash to the school office.



## CHANGED YOUR DETAILS?

Have you changed a phone number, updated your email or moved house over the holidays?

Please update your profile on the uEducateUs app or contact the school office to let us know of any changed details.

[Read More](#)



## ALL SCHOOLS SWIMMING CARNIVAL

All F-6 students are invited to compete in the Two Bays Swimming Club's 'All Schools Swimming Carnival'. This is not an official school event, but since there is no official school swimming carnival, and if your child is a competent swimmer, you may choose to participate. Please contact the school for further details if interested.



## F/1 CLASS

Our school participates in the ME Tree program as part of the Health and Physical Education curriculum. This is an Australian program designed for primary school children. It focuses on giving students a positive sense of identity and from that place, assists them to develop resilience and a growth mindset.

Foundation/One class will begin the year by considering the 'interests' branch of their ME Tree. Parents of students in F/1 will find a '**Interests Journal Sheet**' attached. Mr D would like parents to assist their child in the completion of this sheet. Please return the journal by **Tuesday 13th February**.



## SCHOOL ASSEMBLY

The first SHCS Assembly for 2024 will be on Wednesday 14 February at 2:30pm.

You are very welcome to attend!

Dates for Term 1 Assemblies are:

14 & 28 February, 13 & 27 March

## ATTACHMENTS

- School Photos Order Sheet
- Dedication Service Flyer
- All Schools Swimming Carnival Flyer
- LM Parenting Seminar Flyer
- F/1 Class MeTree Interests Sheet





# UPCOMING EVENTS

## PCF NEWS

Welcome back to another year at SHCS!

Our first official meeting will be held this **Monday 12th Feb**, from 2pm in the school's Community Room. Everyone is welcome and it's a great way to get involved in the school community.

Lastly, a reminder that Wednesday lunch orders have recommenced this year through [Logan St Cornerstore & Cafe](#). If you would like more information regarding this service please make contact with one of our committee members or contact the front office.

Lauren Dodgshun and Helen Tilbrook  
(PCF Co-Presidents)

- Fri 9 Feb - Swimming Program at SH Leisure Centre
- Tue 13 & Thu 15 Feb - "Get to know you" Interviews
- Wed 14 Feb - Assembly @ 2:30pm
- Fri 16 Feb - Swimming Program at SH Leisure Centre
- 21 February - Dedication Service: BBQ @ 5:30pm and Service @ 6:30pm
- 29 February - School Photos

Full Term Calendar is available on uEducateUs app

# What's On: Term 1

All programs are delivered by our qualified and passionate facilitators.

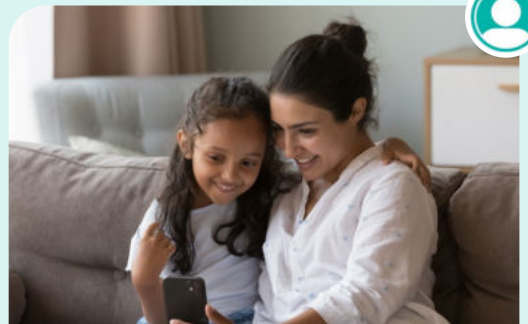
## Multi-Session Programs

### Circle of Security | 6 Sessions, Mondays

For parents and carers with kids under 10

This relationship-based program will help you to understand your child's emotional needs, support your child to successfully manage their emotions and honour the innate desire for your child to be secure.

**FREE | Mondays, 12 Feb - 25 Mar**  
**In-person, CatholicCare Victoria Bendigo | 10:30am - 12:30pm**



### Tuning in to Kids | 6 Sessions, Tuesdays

For parents and carers with kids under 10

Kids with emotional intelligence have better concentration, make friends more easily, and are better able to regulate emotions. In this program you'll learn to help your child understand and manage their feelings.

**FREE | Tuesdays, 13 Feb - 19 Mar**  
**Online, via Zoom | 10am - 12pm**



### Parenting Together | 2 Sessions, Thursdays

\*NEW\* For couples parenting together

This two-session program has been designed especially for *couples* who are parenting together. It aims to build strength and connection in the adult relationship before exploring new ways to manage parenting challenges together.

**FREE | Thursdays, 22 & 29 Feb**  
**Online, via Zoom | 7pm - 9pm**



Register: [www.catholiccarevic.org.au/register](http://www.catholiccarevic.org.au/register)

## Single-Session Workshops

### Knowing your Teen

For parents and carers with kids aged 10+

This workshop aims to provide information, improve understanding, and explore strategies that focus on the strengths and challenges of this stage of development. Look at the latest research around teenage brain development and discuss peer relationships and tips for building and maintaining a positive relationship with your teenager.

**FREE | Thursday, 7 March**

**Online, via Zoom | 10:00am - 11:30am**



### Tech Strategies for Families

For parents and carers with kids aged 12 and under

Technology is a part of our reality, but setting boundaries around its use is not always easy. This workshop presents current research, helps you reflect on tech use in your family; considering both its challenges and opportunities and explores strategies that focus on creating a safe and healthy tech environment for your family.

**FREE | Wednesday, 13 March | 6pm - 8pm**

**St Mary's Primary School, 51 King Edward St, Cohuna**

**FREE | Thursday, 21 March | 10:00am - 11:30am**

**Bendigo Library**



## Post Separation Program

### Our Kids | 6 sessions

This program explores how parental conflict affects children, how to support your children, how to develop effective communication with your co-parent and move towards a co-operative arrangement.

**\$150 (\$75 Concession) | Tuesdays, 6 February - 12 March**

**Online, via Zoom | 6pm - 8pm**

**\$150 (\$75 Concession) | Thursdays, 8 February - 14 March**

**In-person, CatholicCare Victoria | 12:30pm - 2:30pm**



**Register: [www.catholiccarevic.org.au/register](http://www.catholiccarevic.org.au/register)**



# **ALL SCHOOLS**

# **SWIMMING CHAMPIONSHIPS**

**Friday 16th February, 2024**

**Swan Hill Outdoor Pool**

**at 5.00pm for 5.30pm start**

*Try competitive swimming in a  
FUN and RELAXED atmosphere*

**This event is open to all full time students of Primary and Secondary Schools.  
Swimmers do not need to be registered with Swimming Victoria to take part.**

*Entering is easy*

- Complete the individual entry form, pay a \$5 entry fee in cash or cheque made out to Nyah Two Bays ASC and return it to school by Wednesday 13<sup>th</sup> Feb or complete the jotform
- Freestyle, Backstroke, Breaststroke and Butterfly events over 50 meters.
- Multi Class Events in both Freestyle and Backstroke 50 meters.
- Students wishing to swim in a relay should indicate so on the entry form
- A BBQ dinner will be available for purchase on the night.
- Bring along your family, grandparents and friends.





Swan Hill Christian School  
invites you to our

**2024**  
*Dedication*  
*Service*

**Wednesday 21 February**

5:30pm BBQ on the Lawn  
6:30pm Gathering for Service



**Swan Hill**  
CHRISTIAN SCHOOL





# Swan Hill Christian School

## Photos 2024

### Thursday February 29th

**Student Name**..... **Class**.....

Please indicate the package/photos you require by ticking in the appropriate box(es).

|  |              |                          |
|--|--------------|--------------------------|
| <b>Package 1</b>   | \$30.00      | <input type="checkbox"/> |
| Class Photo 20 x 25cm<br>1 x Individual Photo 13x18cm                                      |              |                          |
| <b>Package 2</b>   | \$45.00      | <input type="checkbox"/> |
| Class Photo 20 x 25cm<br>2 x Individual Photos 13x18cm<br>4 x Individual Photo wallet size |              |                          |
| <b>Whole School Photo</b>  | \$15.00      | <input type="checkbox"/> |
| <b>1 x Individual Photo Only</b>   | \$15.00      | <input type="checkbox"/> |
| <b>Family Photo</b> (Siblings at school)   | \$15.00      | <input type="checkbox"/> |
| <b>4 x Wallet size</b> (Individual photo)  | \$5.00       | <input type="checkbox"/> |
| <b>Class Photo Only</b>  | \$15.00      | <input type="checkbox"/> |
|  | <b>TOTAL</b> | <input type="checkbox"/> |

***Please return this form along with all monies payable by Monday 26<sup>th</sup> February***

***Payment Options (please tick)***

**Cash** (Correct Money in envelope please)

**Direct deposit**, Date: \_\_\_\_\_

To: **Jane McLean**

Bsb: **633 000**

Acc No. **103837035**

*Please use child's first name and last name initial plus SHCS as reference/description*

*Eg: "Jane M SHCS"*